

INTERNATIONAL INDIAN SCHOOL, RIYADH
SAI WORKSHEET-2015-16

SUBJECT: ENGLISH

STD: IX

READ THE FOLLOWING PASSAGE AND ANSWER THE QUESTIONS GIVEN BELOW

TV AND OBESITY

U.S nutrition experts have come to the conclusion that watching too much TV was one of the main reasons why so many children in the USA were overweight.

It was found that overweight children who reduced the time they spent watching TV by 20 hours a week, lost up to 20% of their body weight in 4 months, and were able to maintain their new slimmer outline.

By comparison, another group of children who simply did more physical exercise during the same period lost only 13% of their weight and after a degree of initial success, quickly put it back on again.

Presenting the results of the studies in New York, Wilhelm Dietz said that parents tended to underestimate the amount of time their children spent motionless in front of television sets, in many cases, they did not even know that their children were sitting chained to a TV programme at kinder garten or a friend's house, for example.

Paediatricians recommend that children should not watch TV for more than one to two hours per day.

"The more TV they watch, the more they tend to eat the things that are advertised on TV," said Wilhelm Dietz. Unfortunately, this usually meant high-fat snacks, potato crisps or chocolate.

"The more TV children watch the more lethargic they are," said Wilhelm Dietz. He recommends that parents implement a kind of bonus strategy to encourage their children to adopt better habits, such as allowing them half an hour of TV for every hour they spend playing out of doors.

And, said Wilhelm Dietz, on no account should they have a television set in their bedrooms.

Source: The Tribune

Answer the following questions

- 1) Many children in USA are overweight because of_____.
- 2) In case of overweight children, physical exercises were not as effective as a cut in TV viewing time because_____.
- 3) Excess TV viewing by children should be discouraged because_____.
- 4) Bonus strategy is recommended because_____.
- 5) The word 'conclusion' in line 1 means_____.

READ THE FOLLOWING POEM AND ANSWER THE QUESTIONS GIVEN BELOW

IN LONDON TOWN

(LITERARY: POEM)

1. It was a bird of Paradise,
Over the roofs he flew.
All the children in a trice
Clapped their hands and cried,
"How nice!
Look-his wings are blue!"
2. His body was of ruby red,
His eyes were burning gold,
All the grown-up people said,
"What a pity the creature is not dead,
For then it could be sold!"
3. One was braver than the rest,
He took a loaded gun;

Aiming at the emerald chest,
He shot the creature through the breast,
Down it fell in the sun.

4. It was not heavy, it was not fat,
And folk began to stare,
“We cannot eat it, that is flat!
And such outlandish feathers as that
Why, who could ever wear?”
5. They flung it into the river brown.
“ A pity the creature died!”
With a smile and with a frown,
Thus they did in London town;
But all the children cried.

ANSWER THE FOLLOWING QUESTIONS

- 1) All the children admired the bird
because_____.
- 2) The grown-up people wanted the bird to be dead
because_____.
- 3) What did one of the Londoners do?
- 4) Ultimately the bird was thrown into the brown river
because_____.
- 5) In stanza 4, the word ‘outlandish’
means_____.

LITERATURE:

F1:HOW I TAUGHT MY GRANDMOTHER TO READ

Read the extract and answer the following questions.

1.‘She was a good looking lady who was usually smiling.

Even today I cannot forget the worried expression on her face’

a.Who does ‘she’ refer to?

b. Why was she looking worried?

c. Why was the person upset?

ANSWER THE FOLLOWING QUESTIONS

1. What made Triveni a popular writer?

2. Could the grandmother succeed in accomplishing her desire to read? How?

VALUE BASED QUESTIONS

1. 'How I Taught My Grandmother To Read' is the story of an old woman who was taught the Kannada Alphabet at the age of sixty two. What lesson do you learn from the story?

F.2A DOG NAMED DUKE

Read the extract and answer the following questions:

1. He was a 23-kilo missile of joy. He hit Chuck above the belt, causing him to fight to keep his balance.

1. Who has been called a "missile of joy"?

2. How did he hit Chuck? Why?

3. Why did Chuck find it difficult to maintain his balance?

ANSWER THE FOLLOWING QUESTIONS

1. Duke was an extraordinary dog. What special qualities did he exhibit to justify this? Discuss.

2. How was Hooper involved in an accident? How was he injured?

VALUE BASED QUESTIONS

1. 'When a person loses something, he is shocked and get into a state of denial leading to anger. In such a situation coping leads to acceptance and a changed way of life. Do you agree with this statement? Why/Why not?

P.1—THE BROOK

Read the extract and answer the following questions

By thirsty hills I hurry down,
Or slip between the ridges ,
By twenty thorpes, a little town,
And half a hundred bridges

- a. Why is the Brook said to slip between the ridges?
- b. What are the thorpes?
- c. Where does it finally meet the river?

ANSWER THE FOLLOWING QUESTIONS

1. Describe the birth of the brook. How does it flow after the birth ?
2. How does the brook create "music" in its flow?

VALUE BASED QUESTIONS

1. Do you think that life like the brook is a journey? How? What are the factors that make life successful?

P.2-- THE ROAD NOT TAKEN

Read the extract and answer the following question

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveller, long I stood
And looked down one as far as I could
To where it bent in the under growth;

- a. What does the narrator mean by 'a yellow wood'?
- b. What choice did the narrator have to make?
- c. What does the narrator regret?

ANSWER THE FOLLOWING QUESTIONS

1. Why does Frost choose the road less travelled?
2. What is the main dilemma of the poet in the poem 'The Road Not Taken'?

VALUE BASED QUESTIONS

1. 'The Road Not Taken' poem symbolizes the dilemma that man faces in life. If you are to choose between the two roads what would you choose and why?

P-3—THE SOLITARY REAPER

Read the extract and answer the following questions:

1. A voice so thrilling ne'er was heard
In spring-time from the Cuckoo bird,
Breaking the silence of the seas
Among the farthest Hebrides.
 - a. Why is the song of the Cuckoo bird 'so thrilling'?
 - b. Explain: 'Breaking the silence of the seas'?
 - c. Name the poetic device used by the poet in 'the silence of the seas'?

ANSWER THE FOLLOWING QUESTIONS

1. Where was the poet when he saw a solitary reaper? What happened thereafter?
2. Why has William Wordsworth compared the Solitary Reapers song with the song of a nightingale and a cuckoo bird?

VALUE BASED QUESTIONS

1.The poem ‘The Solitary Reaper’ describes that music always touches the soul of the listeners whatever the language it belongs to. Do you agree with the statement?Why/Why not?

P.4—LORD ULLIN’S DAUGHTER

Read the extract and answer the following questions

1.A Chieftain, to the highlands bound,
Cries ,”Boatman,do not tarry!
And I’ll give thee a silver pound
To row us o’er the ferry!—

- 1.Why does the Chieftain ask the Boatman to hurry up?
- 2.What for will he give him a silver pound?
- 3.Where is he going at present?

ANSWER THE FOLLOWING QUESTIONS

- 1.Who is the Chieftain and what does he say to the boatman?
- 2.Describe how the Chieftain and his beloved died?

VALUE BASED QUESTIONS

1’.Lord Ullin’s Daughter’ is a poem revolving around the tragic love story of LordUllin’s Daughter. What message does it convey to the readers?

LONG READING TEXT GULLIVER’S TRAVELS PART 1& 2

1.What are your views about Gulliver—the main character?

2. Language is a problem between the people of Lilliput and Gulliver. How is it solved?

3. How does Gulliver save himself from this impending punishment for treason?

4. Describe the country which Gulliver saw from the top of the hill?

5. Describe the first meeting between the king and Gulliver?

6. Describe the adventures which Gulliver had with small birds?

7. Bring out the humour in how Gulliver could read a book in the library in Brobdingnag.

8. Did Gulliver really want to escape from Brobdingnag? How do you know?